

How do we prevent bullying?

- Our Behaviour and Relationships Policy, Anti- bullying Policy
- Our curriculm e.g. Story Project, Pol-Ed, assemblies, Anti-bullying week
- Our School Council listen to your views and share them
- Sharing boxes in every classroom
- Posters around school of our school rules and Childline support



The Headteacher, Governors, staff and children at Crossgates Primary School work together to:

- Make our school a safe place for all
- Help everyone to be **Ready**, **Respectful** and **Safe**
- Allow everyone to be themselves
- Ensure that any incidents of bullying are dealt with quickly and effectively



Please speak to a grown up in school that you feel comfortable with to share any worries.
If you are not ready to do this, remember that there is a **sharing box** in your classroom that you can use.

Children's Anti-bullying Policy

CROSSGATES PRIMARY SCHOOL

Community
Compassion
Growth
Effort

What is a bully?

A bully is someone who hurts the same person:

Several **T**imes **O**n **P**urpose

by using behaviour which is meant to hurt, frighten or upset them.

The different types of bullying are:

- Emotional: using unkind words, leaving people out
- Physical: punching, kicking, spitting, hitting, pushing
- Verbal: name calling, hand signs
- Name calling linked to the protected characteristics of the Equality Act e.g. homophobic (using homophobic names and/or the word 'gay' in a bad way) racist (using racist names/unkind words about the colour of someone's skin), ableist (the discrimination of and social prejudice against people with disabilities based on the belief that typical abilities are best), sexist (prejudice and/or discrimination based on someone's gender)
- Through a 3rd person: Sending a friend with horrid messages
- Racist: using racist names, unkind words about the colour of someone's skin
- Sexual: Rude comments, touching you when you don't like it
- Cyber: texts, e-mail, online messaging e.g. Facebook, Whatsapp, Instagram

What should I do?

If you feel you are being bullied:

DO

- Tell the person to stop
- **S**tart **T**elling **O**ther **P**eople
- Ask a friend to help you to tell someone if you need to
- Remember- Adults in school are here to help you

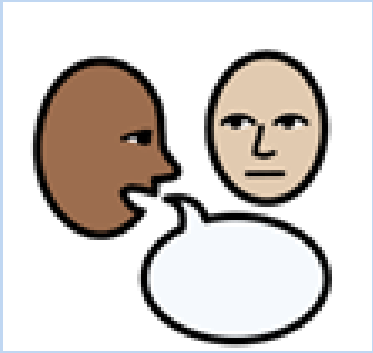


DON'T

- Think it is your fault
- Do what they say
- Keep it to yourself

Who can I tell?

- A family member
- A friend
- An adult in school
- A member of the School Council



What will happen?

An adult in school will talk to you and find out what has been happening. They will make sure you are safe and talk to your family. They will check-in with you to see how you are and whether things have improved. They will talk to the child who has been bullying and work with them to find out the cause and to ensure that it stops. Bullying is not ok and is taken very seriously at our school.